



York Heritage Quilters Guild Membership

2020-2021

Membership Renewal Due: June 30, 2020

Last Name	First Name	Date (DD/MM/YY)
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<input type="checkbox"/> Check here if all information is the same as prior	
Email Address	
Phone Number	
Address	
City	Postal Code

☐ This contact information is provided to the membership (for personal use only). If you DO NOT wish to have your contact information provided to the membership, please check here.

Tel. No. : Yes/No E-Mail: Yes/No Mailing Address: Yes/No

Returning Member	\$55.00	
New Member (includes Name Badge)	\$65.00	
Newsletter via Email	\$ 0.00	
Newsletter Printing and Postage (Optional)	\$15.00	
Replacement Badge	\$10.00	
Credit Card Fee	\$ 3.00	
	TOTAL	\$

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YORK HERITAGE QUILTERS GUILD

Membership Chair Use	Date Received
Cash (receipt required)	
Cheque# _____	
Credit card	

E-TRANSFERS TO: TREASURER.YORKHERITAGE@GMAIL.COM

PLEASE RETURN THE MEMBERSHIP FORM TO THE MEMBERSHIP DESK OR MAIL TO:
YORK HERITAGE QUILTERS GUILD PO Box 35510, 2528 BAYVIEW AVE., TORONTO ON M2L 1A9

How would you like to help your Guild?

Community Quilting		Membership Table	
White Glove/ Display		Show & Share/Display	
Member Showcase		Executive Board	
Library		I need a ride/can give a ride	

The Committee Chair for each of the positions you have indicated will contact you with further details.

MAKING YHQG BETTER...The YHQG Executive is always looking to enhance our members' experience. Please comment, below and on the reverse, on additional speakers, suggestions for programming, or library resources you would like to see.

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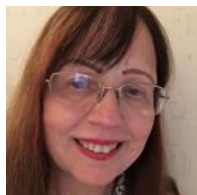


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www.yhqq.org

York Heritage Quilters Guild
PO Box 35510
2528 Bayview Avenue
North York, ON M2L 1A9



I have the heavy burden of announcing that the remainder of our 2019-2020 guild meetings—April 21 and May 19, as well as the annual volunteer luncheon—have been cancelled by the Board executive due to the Covid-19 pandemic. Our hope is that we'll be able to start meetings again in September, but that is an announcement for another day.

I had hoped to be writing a cheery March newsletter message to you from the deck of the Azamara Pursuit, as I surveyed the awe-inspiring coasts of Chile and Peru. Sadly, the real world burst the wonderful bubble that we were travelling in nine days into the trip at Chacabuca, our second port in Chile. The Chilean authorities delayed our excursion departure over fears of Covid-19 and then Peru, our final destination country, decided no cruise ships (including our incredibly healthy one) could land. The captain announced that the cruise would end early and we were left with three more sea days, no excursions, and a scramble to find flights home from Santiago, Chile, which was in the throes of much civil unrest. Then Chile refused to admit any cruise ships, even for the limited purpose of sending people to the airport for flights home, and the decision was made to take us all to Miami, the ship's home port.

“ We will be contacting you periodically with guild and quilt related information ”

We arrived in Miami on March 29th after nineteen sea days. On March 30th, we donned masks and gloves and flew home from Fort Lauderdale. As my hubby says, the good news is that we lived on the ship for almost three more weeks of dinners, activities and shows (unlike our self-isolating friends at home), we got to see the Panama Canal, and all those sea days prepared us for our fourteen days of post travel isolation at home!

Meanwhile back home, SAQA cancelled its Toronto conference, cascading its impact to our March speaker, Maria Shell. Ancaster Modern Quilt Guild stepped up to welcome our members to a later lecture by Maria there and B.J. Reid kindly agreed to speak at our meeting in Maria's place. Our workshops with Maria were still scheduled to take place the following week. As we thought about possible safety precautions for our vulnerable membership (most of us being people of a certain age, as they say) at our March meeting and before we could announce all the changes, Toronto closed its public meeting places and limited meetings to increasingly smaller sizes. Maria, having suffered through a flight from her native Alaska, declared herself (quite understandably) concerned by the thought of further flights, especially to a foreign country. And, listening to concerns from members about meeting in groups, we cancelled all March Guild activities.

This past week, the guild executive and committee heads held a (conference call) meeting, and decided that it would be in the best interests of our members to not only cancel the April meeting/workshops, but also to cancel the May meeting/workshops and the June volunteer luncheon. Our members' health and safety must be our priority. We know you will all be understanding and supportive of these decisions, and we wish you, your families and friends all continued good health. We will be contacting you periodically with guild and quilt related information to let you know what is happening in our quilting world.

We hope you will all get together in virtual groups and support each other at this difficult time. In the meantime, *stay well and keep on quilting!*

Anne McLauchlan—President
yhqq.president@gmail.com

MEETING & WORKSHOP NEWS

Page 2

The board and committee chairs of the guild have made the decision to cancel all meetings and workshops for April and May in order to protect the health and safety of our members during the pandemic. The Volunteer Appreciation Luncheon, which is usually held in June, will be rescheduled hopefully to some time in the fall of 2020. Leslie Batt will contact all members who booked workshops which have been cancelled to discuss options.

It is our hope that we will be able to begin the 2020/2021 guild year with our September meeting. Watch for further notifications or check the guild web site for up to date news. Stay safe!

Quilt Shops *are* Essential Businesses—to us!

Okay, so the government says quilt shops are not “essential businesses” but we know better! At a time when we are all spending more time with our sewing machines, losing access to our bricks and mortar stores is a real trial. As hard as it is for us quilters, it's even harder for the shops which are losing a significant part of their trade.

There is, however, a solution! Please support our vendors at this time. It is in our own best interests for them to stay in business so they can help us indulge our passion! All of the vendors who have supported (and continue to support) our guild are operating online ordering. Some will accept orders over the phone. Some have curbside pick up.

Due to social distancing, a lot of shops only have one person working at a time, so be patient with them!

Country Clothesline www.countryclothesline.ca

Lens Mill www.lensmill.com

Country Concessions www.countryconcessionsshopping.com

Meerkat Shweshwe www.meerkatshweshwe.com

Eweknit www.eweknit.co

Oh Look Fabric www.ohlookfabric.com

Fabric Spark www.fabricspark.com

Quilted Memories www.quiltedmemories.ca

Hyggeligt www.hyggeligt.ca

Sew Sisters www.sew-sisters.com



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Juki TL-2010Q Sewing Machine

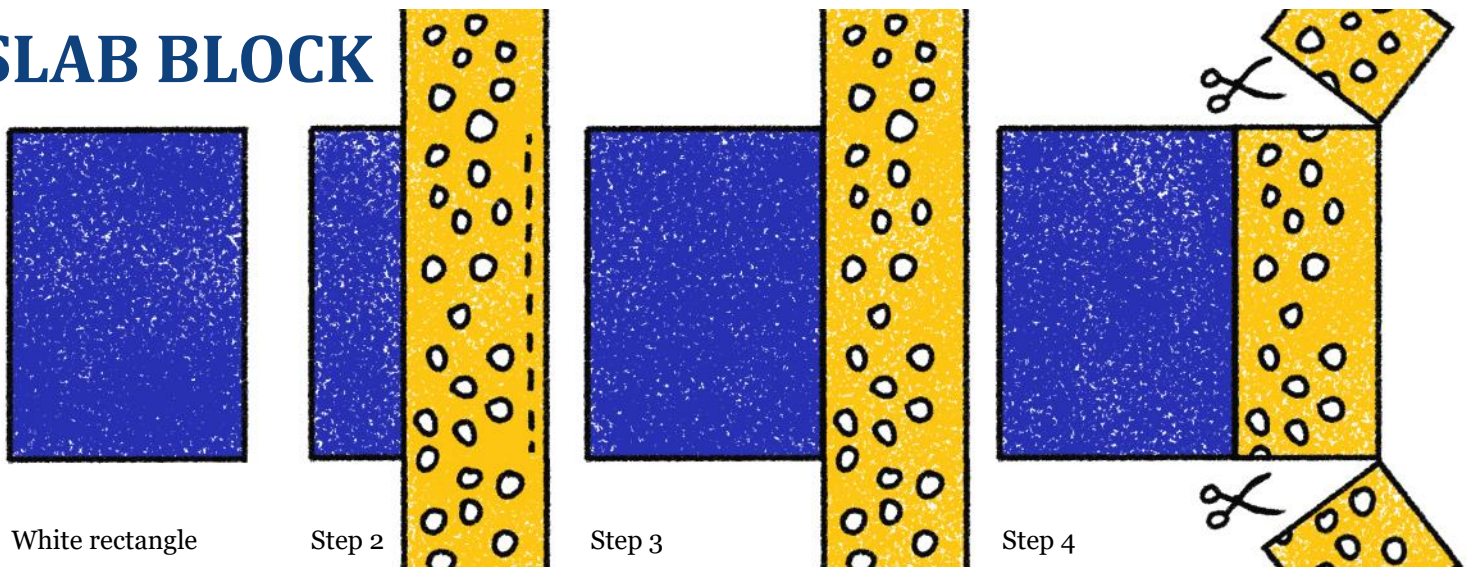
- Straight sew machine
- Great for piecing
- Quality stitch with speed
- Test drive at Ann's

COMMUNITY QUILTING

Fifteen children's quilt sandwiches were prepared for the March meeting. Because Katie Pidgeon reached out and ten were dropped off at her home, only five are waiting to be quilted. There are packages of quilt top, batting and backing for long arm quilters. Please contact Wendy to make arrangements to pick them up.

Looking for "isolation projects?" May we suggest creating Sister and Slab Blocks for Community Quilting? Our stalwart, Bev Stevens, will be so happy to be inundated with either or both of these blocks when normalcy returns.

SLAB BLOCK



Begin a slab block with a white rectangle (blue in the diagram above so that it shows up!). Along one side of the rectangle, sew a strip of scrap fabric (step 2). Press away from the white rectangle (step 3) and trim scrap to match it (step 4). You will have another, larger rectangle. Add a scrap to one side of the rectangle—it could be another side of the white rectangle or you could add a scrap to the scrap. Press away from the centre each time you add a scrap. Keep going until your block measures at least 10" x 12".

We prefer that you do not trim your blocks to the finished size of 10" X 12". We can trim them at CQ and this will cut down on seam unravelling.

Please keep each block within a colour family, but please do not choose black. Try not to use scraps that are mostly white or have several dominant colours. We want the quilts that result from combining everyone's blocks to be harmonious!

We cut our scraps into strips—none of the strips are narrower than 1¼" to 1½". The strips can be made of several fabrics if you like.

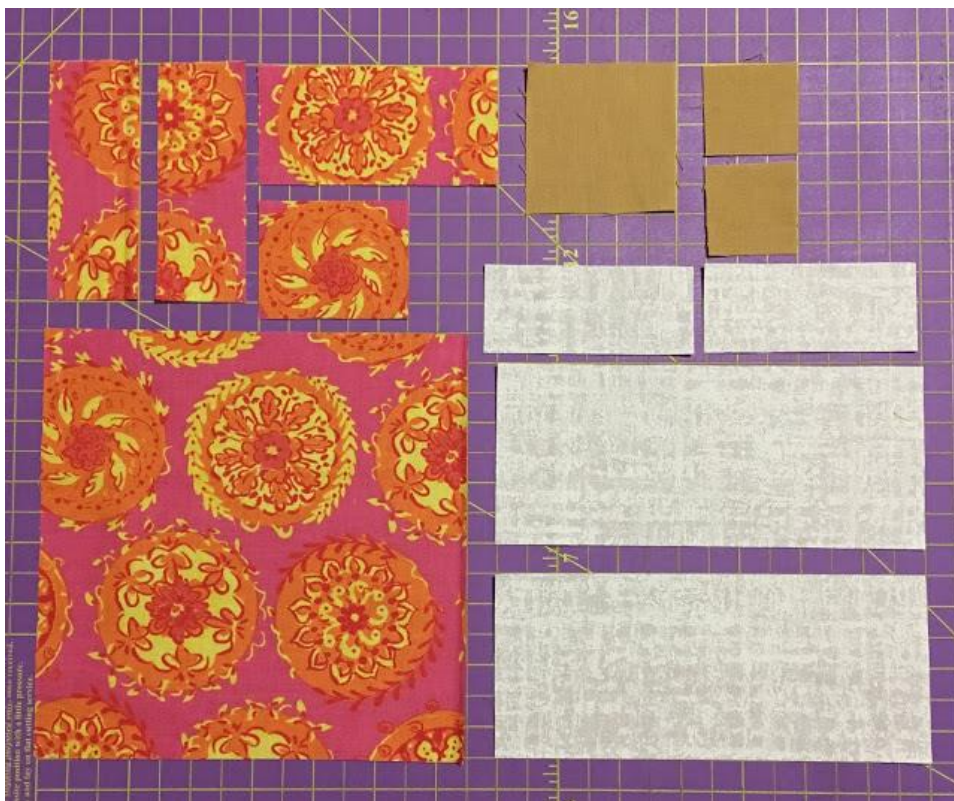
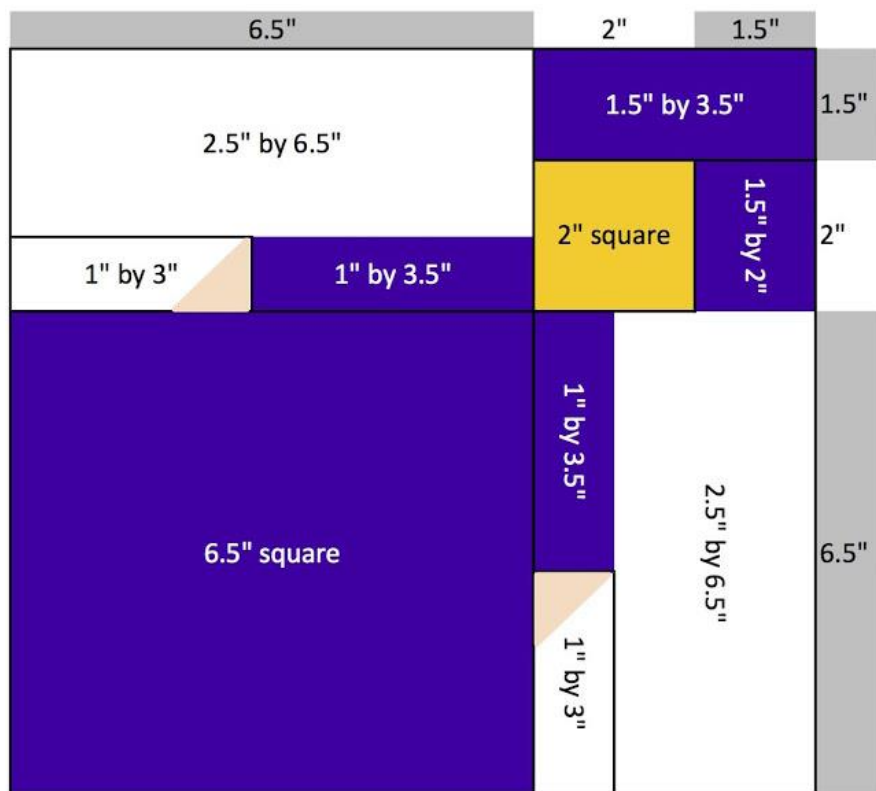
Build up the block around the white rectangle provided in much the same way as a log cabin block, but with more randomness. White rectangles should be between 2" and 4½" on any one side. If you make them too small, they will disappear in the seams. If the white rectangle is off centre, that is fine. Remember, the important thing is randomness.

You can see pictures of slab blocks in the book "Sunday Morning Quilts" or [download Slab Blocks and Quilt Tops](https://canadianquilter.com) from canadianquilter.com.

CQ will use 24 slab blocks to make a quilt top. The finished quilts will be donated to people in shelter. Hopefully, you will feel encouraged to use up some scraps for this worthy cause. *Thank you!*

COMMUNITY QUILTING

International Sister Block



International Sister Block continued...

Fabric Requirements

All seams are scant $\frac{1}{4}$ ". Press all seams open.

Dress

One square 7" side (skirt)

Two rectangles 1.5" by 4" (sleeves)

One rectangle 2" by 2.5" and One rectangle 2" by 4" (headdress)

Face and Hands

One square 2.5" side (face)

Two squares 1.5" side (palms)

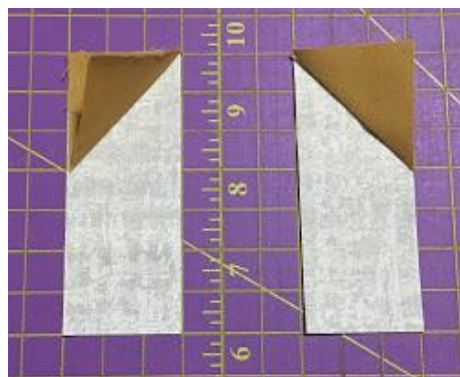
Background

Two rectangles 1.5" by 3.5"

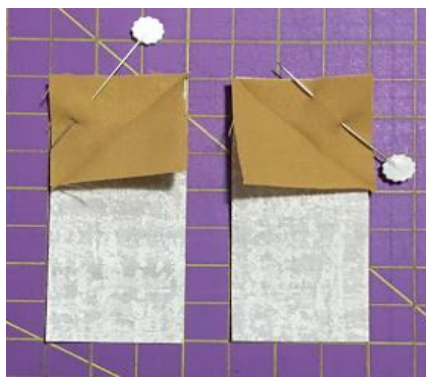
Two rectangles 3" by 7"

Instructions

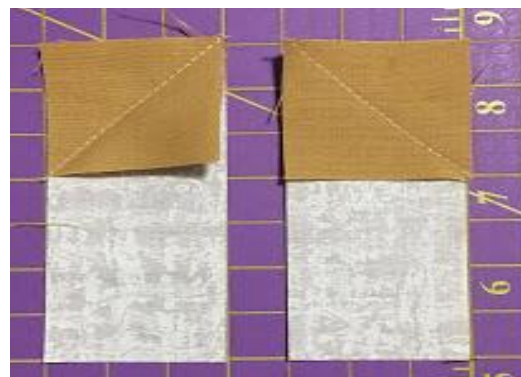
1. Fold the two squares (palms) in half (wrong sides together) along the diagonal and press to create a crease. Place right sides together (RST) on the top corners—one aligning with the top left corner and one with the top right corner—of the small background rectangles. Sew on the crease. Cut $\frac{1}{4}$ " from the crease, discard the corners and press seams open.



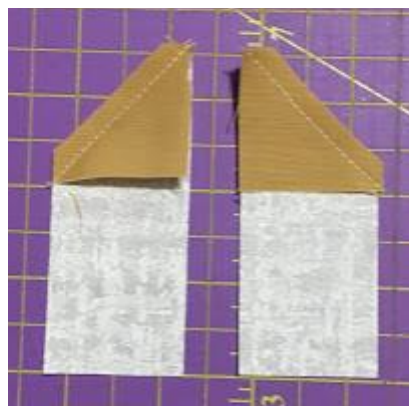
Aligned L & R top corners



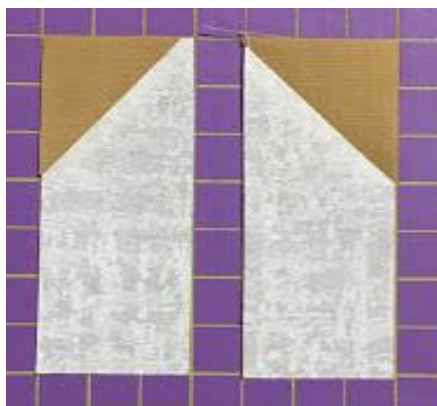
Pinned



Stitched



Trimmed



Pressed

This was the trickiest step. It's all downhill from here! ;)

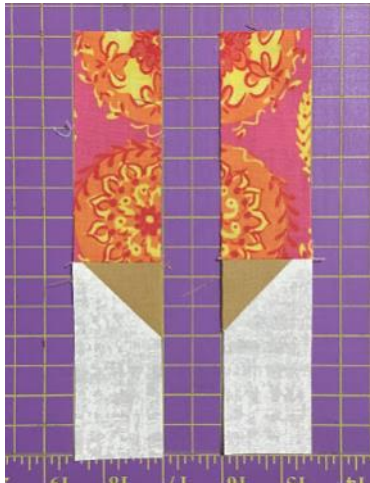
International Sister Block continued...

Instructions continued...

2. Add the sleeves to the palms. Press seams open.



Add sleeves



Pressed

3. Sew the head dress to the face. Press seams open.



Face and head dress

4. Arrange all the pieces on the board. Decide if you want open or closed palms by switching the position of the sleeves (left to right and right to left).



Closed palms



Open palms

International Sister Block continued...

Instructions continued...

5. Sew the large background rectangles to the sleeves.



6. Sew the left sleeve to the skirt and the right sleeve to the head.



7. Sew the head dress/sleeve to the dress/sleeve.

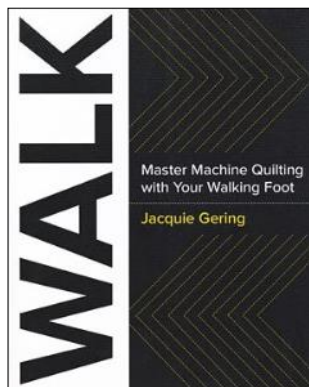


8. Press seams open for a neat, flat finish. Do not square.



LIBRARY BOOK REVIEW

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Walk: Master Machine Quilting with Your Walking Foot

by Jacquie Gering

Review by Leslie Batt

Jacquie Gering's *Walk*, published in 2016, has been in our guild library since 2017.

Having viewed a number of her online videos, I can hear her voice in my head while reading the text. She starts with the basic equipment—essentially the walking foot—and details the purpose of the parts, complete with close up photos.

One of the first things that caught my eye was the tip in bold on the top of page 15.

“Who hasn’t had the problem of a messy stitch at the corner when changing direction? You know what it looks like- a messy thing that looks like your tension is all off. The simple solution is to anchor the stitch by putting the needle down, dropping the stitch length to zero, making one stitch, then turning and going back to normal stitch length to proceed.”

Maybe you already knew this, but it was a great revelation to me.

There are tips on all aspects of quilting, not just her signature straight and curved lines designs. Warning- this is NOT your feather and fan style. Modern and clean with lots of variety is the name of her game.

I was blown away when I read on the book jacket that Jacquie had discovered quilting in 2009. I’m still using the excuse that I haven’t been quilting for 20 years like many members for my small repertoire of techniques.

This book is definitely an inspiration and excellent teaching guide. I highly recommend it!

MEMBERSHIP



It's Renewal Time!

It's time to renew your membership to ensure you don't miss a thing!

The membership form is attached to this newsletter or you can

[download it from our website](#). Please complete and mail to:

York Heritage Quilter's Guild

PO Box 35510, 2528 Bayview Avenue

Toronto, ON M2L 1A9

Please include payment by cheque. Or you can pay by e-transfer and note it on your form.

If you have any questions or concerns, you can call me at 905.884.7287 or [email me \(yhqc.membership@gmail.com\)](mailto:yhqc.membership@gmail.com).

Keep well and keep quilting!

Membership Chair
Phoebe Visser

VOLUNTEER OPPORTUNITIES

YHQC is run by volunteers and *WE NEED YOU!* Join the board now and learn the positions while working with other awesome volunteers. If you are interested, please email either [Anne McLauchlan](#) or [Irena Hopper](#).



Vice President

As Vice-President, you would work hand in hand with the president. This is a one year position and a stepping stone to becoming the President of YHQC.

Program Committee

Do you want a say in the speakers and teachers we bring to the guild? Do you enjoy learning about the quilting community? Then join us in putting together great programs for our members. We have a program committee, so you would not be working alone.

PRESIDENT'S CHALLENGE

To celebrate the YHQG's 40th anniversary, we are switching up our challenges from the usual UFO to another 40th anniversary challenge! And yes, the challenge fabric aligns with our 40th anniversary - *ruby red!*

- Challenge:** Make a 10 1/2" square, unfinished block
- Using:** Challenge fabric (ruby red) plus any additional fabrics or embellishments of your choice
- Due:** ~~May 19, 2020 meeting~~ **EXTENDED TO September 2020 meeting!**
- Prizes:** \$50 plus five fat quarters for the top five viewer's choices and inclusion in a new YHQG banner to be displayed at our membership table

The challenge is a simple one. Make a ten and a half inch (10 1/2") square block, using one of the challenge fabrics. Please do not quilt the block. We want flimsies only!

TIP: The fabric is red and red runs—wash it until the water runs clear before creating with it!

The style of the block is up to you! However, the challenge fabric must be included in the block. The block can be a traditional one. It can be a modern one. It can be pictorial. It can be a landscape. It can be an improv block. You can add embellishments. You can add fabrics, as long as one of the designated fabrics is included.

Here's the catch: you won't get your block back—so you might want to make a copy you can keep!

The five blocks receiving the most votes at our September 2020 meeting will be used to make a banner to go on the front of our admissions desk. The remainder of the blocks will be used for CQ to make donation quilts.

Design Tea

On February 29th, Irena Hopper hosted a design tea to help with the President's Challenge. She provided cookies, tea and hopefully design inspiration for the challenge. Note: this was before social distancing was enforced and hopefully soon we will be able to meet again face to face.



The President's Challenge is to celebrate the YHQG's 40th anniversary by creating a 10 1/2" unfinished block using the ruby red challenge fabric.

So now, how to design a quilt block? My suggestion is you give yourself a finite time—say one hour to determine what your theme will be. Remember it is only a 10" finished block and you need to use the challenge fabric—ruby red!

As I am not an artist in the sense of being able to draw well, I go to books and the internet to find ideas. Some of the themes that I came up with:

- The 40th anniversary is the ruby anniversary. The ruby represents an *internal flame* and could be considered a representation of the inner flame of a strong marriage that has lasted 40 years and still burning.
- The *nasturtium* is considered the official flower of the 40th wedding anniversary. It symbolizes *victory*—and being married for 40 years is definitely an accomplishment! The flowers are available in a variety of colors, but deep red or ruby is most closely associated with a 40th wedding anniversary.
- The quilt guild to me is *community*—we share a *common* goal, create a sense of belonging, and provide mutual aid.

So now pick out some words from the themes like inner flame, a ruby, community, common and refine your search looking for symbols of these words. You will be surprised by the variety of items that come up and that easily translate into a quilt block!

Now its time to actual design your quilt block. Take your symbol and draw it to scale. This will help when you actually start sewing your block. Using the challenge fabric, start adding other fabric from your stash to make your design work.

The members that attended the design tea went home with designs and some even decided to make a block. Enjoy making your President's Challenge block. I am really excited to see what our members will create!

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Virtual Show & Share

I don't know about you, but I look forward to the Show & Share portion of our meetings each month. I am in awe of and inspired by the works created by our very talented members. To save me from going into withdrawal, we are coordinating a virtual Show & Share on our Instagram account. Our very own Chriss Coleman has agreed to post photos of our members' creations on the YHQG Instagram and Facebook accounts.

For those of you already on Instagram who would like to participate, please use the hashtag #yhgqShowAndShare.

For those of you who are not on Instagram but are willing to participate in our virtual Show & Share, please email picture(s) of the projects that you are willing to share to [yhqgphotos@gmail.com](mailto:yhgqphotos@gmail.com). When you send in your photo, please provide your name and a short description of your quilt/project. Only your first name and last initial will be published.


You need not only send photos of finished projects. "In process" photos are also acceptable and encouraged! It's always interesting to see how we get from here to there.

I look forward to getting my Show & Share fix virtually over the coming weeks!



How do I Set up an Instagram Account?

To create an Instagram account from the app on an iPhone, iPad or Android phone:

1. Download and install the Instagram app from the [App Store](#) (iPhone) or [Google Play Store](#) (Android).
2. Once the app is installed, tap  to open it.
3. Tap **Sign Up With Email or Phone Number** (Android) or **Create New Account** (iPhone), then enter your email address or phone number (which will require a confirmation code) and tap **Next**. You can also tap **Log in with Facebook** to sign up with your Facebook account.

If you register with your email or phone number, create a [username](#) and password, fill out your profile info and then tap **Next**. If you register with Facebook, you'll be prompted to log into your Facebook account if you're currently logged out.

To create an Instagram account from a computer:

1. Go to [instagram.com](https://www.instagram.com).
2. Click **Sign up**, enter your email address, create a [username](#) and password or click **Log in with Facebook** to sign up with your Facebook account.
3. If you register with an email, click **Sign up**. If you register with Facebook, you'll be prompted to log into your Facebook account if you're currently logged out.

If you sign up with email, make sure you enter your email address correctly and choose an email address that only you can access. If you log out and forget your password, you'll need to be able to access your email to get back into your Instagram account.

UPCOMING QUILTING EVENTS

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Event	Original Dates	Status
Quilts from the Valley Rouge Valley Quilter's Guild	May 1-2	Postponed
Quilted Expressions Oakville Quilter's Guild	May 1-3	Postponed until April 30—May 2, 2021
Feelings in Fabric Kawartha Quiltmaker's Guild	May 1-2	Cancelled
Sunshine Quilt Show Orillia Quilter's Guild	May 2-3	Postponed until August 29-30, 2020
Mississauga Quilts! Mississauga Quilter's Guild	May 8-10	No information
Quilt Show and Sale Thousand Islands Quilter's Guild	May 22-23	Postponed until May 28-29, 2021
20 20 Quilt Show Pine Tree Quilter's Guild of Muskoka	June 5-6	Postponed until 2021

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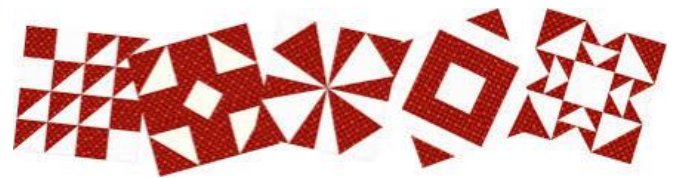


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Greetings from CQA/ACC!

[Quilt Canada 2020](#) in Edmonton has been postponed due to Covid-19. New dates are Tuesday, September 1 to Friday, September 4. [Visit the CQA/ACC website](#) for updates.

2020 Challenges

Make 2020 the year you try a CQA/ACC challenge. There is something for everyone, including young quilters. Choose one or two and give it a try! Click on the challenge below for more info and rules.





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Paul Tragni

Newsletter

Deb Larsen

Quilt Show 2020

Jacintha Bennell

NEXT ISSUE

Submissions for the **May** issue should be sent to
yhggNewsletterEditor@gmail.com no later than **Friday, April 24.**